

# Gulfport Multipurpose Senior Center

## Community That Cares

news by and about active seniors

**Fall Celebration Issue**

**October 2012**

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**Gulfport's Nationally Accredited Senior Center is one of only a handful of Senior Centers so designated in the State of Florida.**

[www.GulfportSeniorFoundation.org](http://www.GulfportSeniorFoundation.org)

## If It's October ... It's Time to Celebrate!

October 2012 will go down in the pages of Gulfport Senior Center history as a month of celebration and change. Every October, the Center celebrates its anniversary. This year, October 5th also marks the retirement of Sue Frank from her position as Senior Center supervisor after 21 years of service with the City of Gulfport.

Sue started her career as the GEMS mini-bus dispatcher. She says it was a natural progression for her to assume some Senior Center responsibilities for her supervisor who was responsible for the Recreation Center, the Senior Center and GEMS. Eventually, Sue took over as the Senior Center and GEMS supervisor.

"It has been rewarding -- a privilege to serve our Seniors." says Sue who has had a fondness for the elderly since childhood. "I was in my early forties when I started working here. Gradually, I became eligible to be one of them."

"I treasure most what I learned from them: how to grow old, how to enjoy later

years, how to cope with life and its many challenges. Their spirit is what touched me," Sue said.

"Sue Frank is one of the most empathetic individuals, I have ever met -- I have been blessed to know and work with her. She has given so much of herself to those around her that this display of her faith can only be recognized as remarkable."  
-- Gulfport City Manager Jim O'Reilly.

Sarah Peel, who co-founded the Gulfport Senior Center Foundation along with Frank and current Vice President Jane Ogilvie retired from the Foundation Board in May. Marketing professional Michael Audino has taken the helm as President, along with other changes to the Board.

You will notice that change is also afoot for our newsletter, beginning with the addition of four more pages in this issue. We hope you will enjoy reading more articles designed to help you live better and keep you informed about the hard working Senior Center Foundation.



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Center Supervisor  
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Past President  
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**Michael Audino**  
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**Senior Center  
Birthday Party  
October 10, 1 pm**

## Mark Your Calendar Upcoming Events 2012

**Senior Center Birthday Party**  
Wednesday, October 10, 1 pm

**Lighting of the Luminaries**  
Friday November 2, 2:00 pm

**Casino Royale on the Bay**  
Thursday, Nov. 8, 2012  
7:00 pm until 10:30 pm  
Gulfport Chamber of Commerce  
Fundraiser Supports  
Senior Center Foundation

**Thanksgiving Dinner Party**  
Tuesday, November 20, 11:30 pm

**Holiday Party and Follies**  
Wednesday, December 19, 1 pm

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Editor, Amy Oatley

[www.GulfportSeniorFoundation.org](http://www.GulfportSeniorFoundation.org)

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## Gulfport Chamber Supports Senior Center Foundation November 8 Casino Fund Raiser

The Gulfport Area Chamber of Commerce has selected The Gulfport Multipurpose Senior Center Foundation as a primary beneficiary of its November 8, 2012 fund raiser, "Casino Royale on the Bay." The gala event will feature Las Vegas-like gambling with all of the games and trappings of a Las Vegas Casino. The difference will be that nobody plays with real money.

The event will also benefit the Chamber's Small Business Mentoring Program which counsels and supports new and expanding businesses in the Gulfport Area.

The Chamber has long been a supporter of the Senior Center Foundation and selected the Foundation as a beneficiary of this gala fund raiser out of the Chamber's goal of "making the Gulfport Area a better place to live and work."

"The Foundation's long and successful track record in augmenting the work of one of Florida's few accredited senior centers is well known throughout the area and should be supported in a concrete way by the business community," according to Lori Rosso, President of the Chamber.



The Chamber is in the early planning stages for the event but has already received several sponsors from the business community including a weekend for two at the Tradewinds Resort on St. Pete Beach as a winner's prize. The West Coast Queen's Council of the Red Hat Society has chosen to support the event through encouraging the members of its more than 300 chapters to attend for an evening of fun and games. (Red Hatters always respond well to an invitation to fun and games.) A large crowd is expected which should result in a meaningful contribution to the work of the Foundation.

Donations of \$20 per person or \$35 per couple are required for entry. Doors will open at 7:00 PM with the games beginning at 7:30. Each attendee will receive \$1,000 in "funny money," with which to play.

### Can I Get Help With Voting November 6?

As Election Day November 6 approaches, many seniors may be wondering if help is available for their trip to the voting booth. According to the Pinellas County Supervisor of Elections website, the answer is yes.

Seniors and other voters who require assistance at the polling place should call the elections office at **727-464-VOTE (8683)** to request assistance so poll workers may be alerted to their need for assistance. A voter may also bring someone with him or her

to assist at the polls if preferred.

All polling places meet current Americans with Disabilities Act requirements, so they will be easily accessible to seniors with walkers and wheelchairs. Provisions for visually impaired and hearing impaired voters are also available.

Gulfport Seniors who need transportation to the polls may call GEMS at the Senior Center to schedule a ride. Simply call GEMS at **727-893-2242**.

# Thanks for the Blessings

The Gulfport Senior Center wasn't just my place of employment for the past 21 years. It was a place that gave me joy and brought me countless blessings. I was fortunate to rub shoulders with the best of the best. I can't imagine a better work environment than our Senior Center.

The people I came in contact with on a daily basis were a huge part of those blessings.

One was Sarah Peel, former Senior Center Services Coordinator. There wasn't a more compassionate heart or stronger advocate for seniors than Sarah. Smart and witty. Her expertise was social work. She knew her stuff and the importance of listening. She was a joy to work with.



Cynthia Dean took Sarah's place as Senior Services Coordinator. Cynthia is known to be as fast as lightning and a selfless giver of time and energy. Talk about dynamite! She put the Senior Center on the map when we became nationally accredited. She is the *behind-the-scenes* type of person – like the engine that keeps things running. I've never seen a more genuine and dedicated person. Cynthia focuses on the needs of the participants and the Senior Center's growth and development especially in the area of health and wellness. She, too, has been a joy to work with.

All of the part-time Senior Center and GEMS employees have also been strong links in the chain of service. They are dedicated and caring people who take pride in a job well done. They all seem to fit together like a perfect puzzle and each one has something unique to offer.

I can't say enough about our phenomenal one hundred plus volunteers who work as hard as staff with no regard for compensation. We are fortunate that they have chosen to share their wealth of self for the good of all. We think of them as an extension of staff and we could not function without them.

I'm grateful, too, for the past and present Senior Center Foundation board members. They have made some outstanding decisions to improve the lives of our participants. Figuratively speaking, they put flesh on the bones of our Senior Center. Imagine the Senior Center without the Fitness Room! We are amazed at the lengthy list of all they have accomplished.

All of our volunteers, fellow city employees, agencies,

sponsors, businesses, individuals – all who have supported the Senior Center - have taught me the importance of partnerships and how working together is always the best way.

And then there are our participants. It is so inspiring to be around people who enjoy life and who value the Senior Center and all that it offers. They care about being physically fit and mentally stimulated. They trudge ahead even when life throws them a curve ball. Every day, I was surrounded by their positive energy and strong determination to stay healthy and active.

It was that collective intermingling during this particular point of time that helped shape me and the Senior Center. I'm just thankful that I shared this time and space with all of you.

You made my job meaningful and fulfilling and I will keep your smiling faces forever in my heart. I'm now looking forward to spending more time with my family but will definitely miss all of you. The good news is that the best of the best will still be at the Senior Center making good things happen. Keep setting goals, keep dreaming dreams and keep working together for the good of all – a sure guarantee that all shall be well.

Thanks for the blessings.  
Susan Frank, Senior Center Supervisor

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# If You Can Smile & Like to Move This Fitness Class is for You!

If you “can smile and like to move,” the Senior Center’s new fitness instructor, Karen Muller, will help you reach your fitness goals.

A retired gym teacher from LaGrange, Georgia, Karen is in her element leading the new Strength Training and Aerobics class. Whether you are looking to improve your balance and flexibility or your strength and endurance, Karen will work with you step-by-step to achieve your goals. The only prerequisites are that you “can smile and you like to move.” She will do the rest.

Karen teaches at 1:00 pm on Mondays and Thursdays and each session lasts about fifty minutes. For the first half of the class, she does strength training with free weights targeting core, leg, arm, and upper body muscles and then follows up with aerobics, sometimes doing chair aerobics to a video and

sometimes using stretch bands with a CD.

Karen teaches from the stage in the lunchroom so she can see everyone while working out and can assist with minor form corrections when needed. She does modifications and variations for low or high energy and uses perceived exertion to measure whether or not her students are working out too hard. She talks to the group constantly and will have you adjust your routine depending on whether or not you can respond.



She always plays music during the sessions so the repetitions do not seem as tedious and to make it fun. The class size varies but is usually around 8-10 people ranging in age from 50 to 90. She expects the class size will grow when people return for the winter.

-- by Karen Gates

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# Love is Lovelier in Gulfport with a Registered Domestic Partnership

*“Many seniors choose not to marry if they fall in love again. Domestic partnership ordinances here and across our country can have a big impact in their times of need.” – Barbara Banno, Gulfport City Council Member*

Love is lovelier the second time around ... or so the old Frank Sinatra tune goes. Whether or not that's true, thousands of seniors do find love later in life. Many senior couples who choose to make a life together also choose not to marry for a variety of legal and financial reasons. Still, they may want to be their partner's primary support for the most important life and death issues.



In particular, unmarried senior domestic partners may be concerned about visitation rights at hospitals and nursing homes, providing assistance with doctor visits, notification in emergencies and making funeral arrangements. Gulfport's new Domestic Partner Registry protects unmarried senior couples in these and other situations, whether they are straight or gay.

Gulfport's Domestic Partner Registry is important “to one of our highest populations – senior citizens,” says Gulfport City Council member Barbara Banno, who was first to register, along with her partner Jeanne Kunkle. “I encourage any of our resident domestic partners who are senior citizens to go and register.”

“We are a small city with limited healthcare resources,” Banno said. So it's important that neighboring St. Petersburg honors partnerships registered in Gulfport. Even with a registered domestic partnership, it is recommended that

couples in committed unmarried relationships also complete healthcare surrogate and durable power of attorney forms for each partner.

Gulfport defines domestic partners as two adults who have chosen to share their lives in a committed family relationship. Partners may register by mail or in person at Gulfport City Hall by submitting a signed and notarized form and paying a \$25 fee. Couples receive a certificate and two laminated cards. Gulfport's registry confers the following rights:

- All health care facilities operating within the City shall honor registered domestic partnerships.
- Registration as a domestic partner shall be considered written direction allowing partners to make health care decisions for each other and to act as the other's healthcare surrogate.
- Registration is considered to be written direction by an individual to have his or her domestic partner take responsibility for end of life arrangements.
- Emergency notifications by City police and fire personnel must include domestic partners along with any other family members.
- A registered domestic partner has the same right as any other individual to be designated as a preneed guardian for their incapacitated partner.
- A registered domestic partner shall have the same rights to participate in the education of a dependent child as a biological parent.

-- by Amy Oatley

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# Menorah Manor's Geriatric Assessment: A Community Program

Are you suddenly experiencing memory loss, falls or other physical or mental problems? Sometimes this could simply be an issue of not enough exercise and sometimes it can be more serious. Before you begin spending time and money on complex tests, make an appointment with Menorah Manor's Geriatric Assessment Program.

The Geriatric Assessment Program is a community service offered to Pinellas & Hillsborough County seniors experiencing sudden changes. The assessment, a broad diagnostic consultation, is provided by an experienced team of professionals including Dr. David LeVine, medical director and certified geriatrician; Gwen Kaldenberg, MSW, program director and geriatric social worker; and Dr. John Carnes, geriatric psychologist.

The team will meet with you to evaluate your personalized needs and help to offer a comprehensive plan of care as well as ongoing support.

Appointments are available every Wednesday at 1:15 p.m. and 2:30 p.m. Space is limited, so please make your appointment today by contacting Gwen Kaldenberg at 727.302.3737 or [gkaldenberg@menorahmanor.org](mailto:gkaldenberg@menorahmanor.org).



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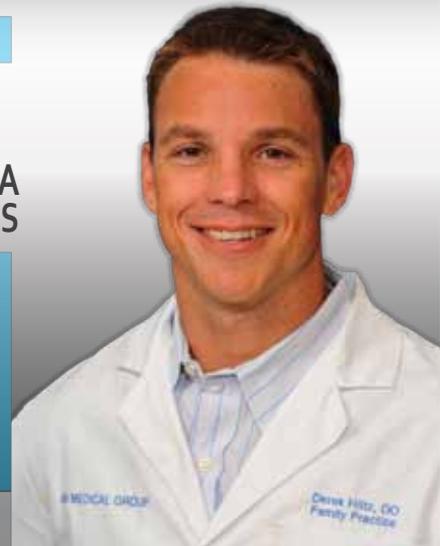
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# Protect Yourself, Protect Your Friends and Loved Ones

by Catherine E. Blackburn, Attorney at Law

In 2005, two doctors wrote an excellent article about exploitation of the elderly.\* They recited the following tragic story: A friendly “neighbor” offers help. The senior becomes dependent on the “neighbor” and believes that trusted caregivers, family, friends, and professionals only want to take the senior’s money, or put them in a nursing home, or do some other frightening thing. Isolation sets in, fear takes over, and the trap is set. The “neighbor” takes the senior to new professionals, and the senior transfers all assets and changes all legal documents to give the “neighbor” complete control.

The “neighbor” in this description could be a family member, but is really a perpetrator of a crime: exploitation of the elderly. The perpetrator obtained the senior’s property and control by “undue influence.” Here is some practical advice to stop this from happening:

- If someone is taking these actions with you, stop associating with him or her. Trust the people who have cared for you over the years, not a new “savior.” If you don’t have trusted family, friends, or professionals, consult a licensed professional. Stay in contact with family, friends, and professionals. If you are afraid, tell them.
- If this is happening to someone you know, stay in contact with the victim – even when the perpetrator acts aggressively or tells you to go away, don’t do it.

- Get in contact with the victim’s family. Tell them what is happening. Give them specific examples. Stress your concern and suggest that the family come to visit.
- If you know the victim’s professionals, tell them what you see, even if they think you are overreacting.
- Keep caring for and about the senior. Tell them you care even when they don’t believe you.
- If these actions do not eliminate the influence of the perpetrator, call Adult Protective Services at 1-800-96 ABUSE. Give them specifics. If they don’t seem to do anything, call them again. Eventually, State authorities may gather enough evidence to take action.
- If the influence keeps happening, call the police and the State Attorney. Don’t just leave a message. Be specific. Consult or have the family consult an Elder law attorney who has expertise to help in these situations.
- Taking the steps above is an act of love and courage.

\* Hall, Ryan C., et al., *Exploitation of the Elderly: Undue Influence as a Form of Elder Abuse*, Clinical Geriatrics, vol. 13, no. 2, February 2005.

Catherine E. Blackburn is an attorney located at 5210 1<sup>st</sup> Ave N, St. Petersburg, FL. She can be reached at [www.lifeplanlaw.com](http://www.lifeplanlaw.com) or (727) 826-0923.

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## Mission Statement

The Gulfport Multipurpose Senior Center Foundation, Inc. is a registered 501(c)3 charitable non-profit organization that exists to raise and distribute funds that support and enhance the recreational, educational, social and health related programs and services of The Gulfport Multipurpose Senior Center.

## Board of Directors

### President

Michael Audino

### Vice President

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Cynthia M. Dean  
(ex officio)

### Board Members

Joan M. Barry

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Louise Lavalla

Patricia M. Smoot

## Thank You, Sarah Peel



This past May, Sarah Peel resigned from her position as President of the Gulfport Multipurpose Senior Center Foundation. We are extraordinarily grateful for Sarah and her tireless work on behalf of the Senior Center and the Foundation. The Senior Center, the Foundation Board, and each of us is better because of Sarah.

So how do you best express gratitude to a woman who lovingly and unselfishly dedicated years of her life to the Gulfport Multipurpose Senior Center? As simple as it sounds, perhaps a simple THANK YOU is the answer.

Thank you Sarah:

- for serving as Senior Services Coordinator at the Senior Center.
- for riding your bicycle over 100 miles one very hot day to raise money for the Senior Center.
- for your energy level and your long term commitment to the Senior Center.
- for sharing the dream to establish the Foundation.
- for helping to move the business of the Foundation forward.
- for devoting untold hours to the residents of Gulfport who desperately needed the services provided by the Senior Center.
- for helping to make the Foundation a better organization.

We will miss Sarah's leadership, her charming personality, her infectious smiles, and her energy. We look forward to seeing Sarah at the Center and at our fundraising events.

Thank you Sarah---for being you.  
-- The Gulfport Multipurpose Senior Center Foundation Board of Directors

## More News from the Gulfport Senior Center Foundation Board

### Welcome Back Louise Lavalla

The Gulfport Senior Center Foundation is pleased to have Louise Lavalla rejoin us on our Board of Directors. When



Louise first joined our team she was working at the Bank of America branch on 58th Street S. across from Town Shores. Unfortunately she was transferred to another branch and was unable to continue with her volunteer work on our Board.

Fast-forward a few years to 2012. Louise is now the As-

stantant Banking Center Manager at the Bank of America in South Pasadena. We contacted her recently to see if she was willing and able to join the Board for a second time. As luck would have it, Louise was not only willing but she was able.

We look forward to having Louise with us again. The Foundation has had some terrific achievements over the past few  
Page 8

years, and now with Louise "on Board", we know we will successfully meet more of our goals.

If you bank at the South Pasadena branch of Bank of America, and you are one of our 968 registered Members, please seek Louise out and thank her for renewing her volunteer commitment.

### Farewell Bill Distel

The Foundation would also like to say farewell to long time Board Member Bill Distel. A Board Member since 2003, Bill has retired from the Board. Thank you, Bill, for volunteering at so many Senior Center and Foundation events over the past 9 years.

Bill hauled things, painted things, hung things, poured hundreds of cups of coffee and tea, and served countless dinner plates to attendees. We will miss him, but we sincerely wish to thank him for his committed service to the Foundation."

# Welcome Michael J. Audino, New Foundation President

Michael J. Audino is a highly accomplished transportation executive with more than three decades of achievement in transportation program development, planning, consulting, and organizational leadership. As a seasoned executive and life-long educator Michael humbly combines his experience with a distinguished record of trust and ethical conduct to help expand mobility for individuals and communities throughout the United States.

Michael is a Senior Researcher at the Center for Urban

Transportation Research at the University of South Florida, President of Audino & Associates, and co-founder of the Charitable Giving Resource Center. He is also a contributing author to "Getting There: A Monetary and Fundraising Guide for Charities".

Michael holds a Master's degree in Business Leadership from Upper Iowa University and a Bachelor of Science degree in Community and Regional Planning from Iowa State University.

## Philanthropy -- Our Great American Heritage

By Michael Audino

We are blessed to reside in the most generous nation on earth. And why are we so generous? Because our forefathers made it so.

Let's begin in 1630. Jonathan Winthrop, then the governor of the Massachusetts Colony, shared these words with his fellow residents of the New World: "We must be willing to abridge ourselves of our superfluities for the supply of others' necessities."

Winthrop was calling for generosity as a way to build our new land. He was calling for sharing as a way of life. He was reinforcing the notion of "love your neighbor as yourself." And he was establishing generosity as one of the foundations of our great nation.

Advance the clock 147 years and consider our Declaration of Independence. Most of us immediately recognize its opening words—"we hold these truths to be self evident". But within the context of philanthropy, it is this historic document's closing stanza that bears deep thought and contemplation --- "And for the support of this Declaration, with a firm reliance on the protection of Divine Providence, we mutually pledge to each other our Lives, our Fortunes and our sacred Honor."

Our Founding Fathers declared to the world that we, as individual residents of a new, free and independent nation, would sacrifice everything—including our lives---to help ensure the mutual well-being of all. Therefore, we Americans are obligated to be generous and to personally engage for the advancement of our fellow citizens.

Throughout our nation's and Gulfport's rich history, multiple generations have embraced this obligation. Resultantly, our nation's generosity legacy has helped establish physical capital, like hospitals, museums, libraries, and the Gulfport Multipurpose Senior Center; advance human capital

through educational scholarships and GEMS memberships; and helped turn great ideas (intellectual capital) into world-changing inventions, such as the polio vaccine and rocketry.

Philanthropy is part of our unique American heritage. If we see a problem, we don't have to wait for the government or a for-profit business for solutions. We take care of business ourselves - "we seek to satisfy the necessities of others."

As Americans, each of us is obligated to share our God-given gifts (time, talent and treasure) to help advance the physical, human and intellectual capital of our wonderful country. Perhaps that is why 90% of us—regardless of race, ethnicity, or income---contribute to the greater good and why many of you contribute to the Gulfport Multipurpose Senior Center Foundation.

Be proud, ladies and gentlemen, because most of you are philanthropists. Your generosity has helped our country and the Gulfport Multipurpose Senior Center grow and prosper---and that's exactly how our founding fathers envisioned the future.

Novelist and theologian Frederick Buechner said "the place God calls you is the place where your deep gladness and the world's deep hunger meet."

I encourage you to ask yourselves: What is the Gulfport Multipurpose Senior Center hungering for right now, and how can my unique gifts (time, talent and treasure) satisfy that hunger?

Let us each passionately engage in our community and in the activities of the Gulfport Multipurpose Senior Center for the good of all and let each of us" abridge ourselves of our superfluities for the supply of others' necessities."

**Michael Audino is the new President of the Gulfport Multipurpose Senior Center Foundation**



# Senior Center Accreditation - An Ongoing Process

When the Gulfport Multipurpose Senior Center received its accreditation in 2010, it joined the ranks of 10 accredited Senior Centers in Florida and more than 200 across the nation that meet National Council on Aging standards. A six-member team of staff and volunteers spent countless hours completing a self-assessment workbook and implementing changes required to meet NCOA best practices.

When a National Institute of Senior Centers official presented the accreditation certificate, the work was not done. Accreditation must be renewed every five years, so this dedicated team is hard at work again, meeting monthly to review standards and complete required documentation for the next 5-year accreditation.

Today's senior centers are evolving from social centers to service centers to community centers in order to adjust to the changing needs of seniors, says Jay Morgan of the NISC. As generations change, successful senior centers adapt by listening to the expectations of their communities, and designing facilities, programs, services and activities that meet the needs of this segment of the population.

With support from the Senior Center Foundation, the

Fitness Center opened its doors in May 2009 and now health and wellness is the resounding priority of Senior Center participants. The Foundation has continued to add new fitness equipment to support new programs such as Strength Training and Aerobics with free weights and fitness bands.

"Senior Center accreditation serves as the tool centers need to assist with potential change, identify target markets and compare themselves to the national standards," says Morgan. Accreditation gives us credibility and invites potential donors to take a closer look at what we're doing, says Senior Center Services Coordinator and Foundation treasurer Cynthia Dean.

There are standards for community involvement, fiscal responsibility and program planning. "We are doing well," says Dean, "but documentation is a big job." This year we learned that we are not surveying our members broadly enough, she says. Starting this past July, a different group of Senior Center participants will be surveyed every quarter. One hundred users of the Foundation Fitness Center were the first survey group. The next group surveyed will be participants in programs that are part fitness-part social, like Chair Yoga and the Senior Chat Room.

## Celebrate Our Community for a Lifetime!

For many, the Senior Center plays a critical role in their general well being. It is a place of support during personally trying times, as well as on a daily basis as we face various challenges. It provides socialization, which is a key component in eliminating or reducing isolation. Life itself is shared at the Center, and quality of life is enhanced.

Purchasing a tile for the Celebration Wall is a way for people near and far to express their gratitude to meaningful others, to recognize enduring friendships, to pay tribute to those loved, and to "celebrate" people and events. As you "Celebrate" by purchasing a Wall tile, you are supporting the Foundation whose Mission it is to provide for the many unbudgeted programs, services, and events thousands enjoy year to year, here in Gulfport.

We hear it more and more, "Buy local. Help support the community in which you live"! Here's a way to "Celebrate", donate to the Foundation, help Gulfport continue to be the place people want to call home, AND help us to live up to our designation of being a "Community for a Lifetime"!

### CELEBRATION WALL SUPPORTS OUR SENIOR CENTER

#### Full Size Panel

12" x 12" with up to 5 lines of text

**\$125 donation**

#### Half Size Panel

12" x 6" with up to 4 lines of text

**\$75 donation**

Panels are beige with brown engraved text

**For Information: Call**

**727-893-2237 or 727- 893-1231**



## Support Your Senior Center Today!

*Aging affects each one of us -- and our friends and family members.*

Your gifts and involvement are needed to give the Gulfport Senior Center the means to serve our participants in a more comprehensive and meaningful way. Your gifts are needed to ensure the Senior Center's ability to support positive aging for seniors in our community.

You can help fulfill the dream and mission of the Gulfport Senior Center by supporting its not-for-profit Foundation, the Gulfport Multipurpose Senior Center Foundation.

Thank you for helping us establish a solid foundation for this important work. By doing so, you also motivate others to assist in providing this important service to your community.

### *Thank You!*

## Make Your Tax-Deductible Gift Today!

Call 727-893-2237 or 727- 893-1231

email: [mpscfoundation@tampabay.rr.com](mailto:mpscfoundation@tampabay.rr.com)

online: <http://gulfportseniorfoundation.org/support-us/>

The Gulfport Senior Center Foundation  
5501 27th Avenue South, Gulfport, FL 33707



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"We are proud of the recognition we have been given by respected organizations. These multiple awards and distinctions demonstrate the remarkable accomplishments our physicians, clinical professionals and support departments have made in patient care. We would like to share the achievements we have made to make your experience at Palms the best it can be." - Brian Flynn, CEO



- Primary Stroke Center, *DNV Healthcare*
- Stroke Gold Achievement Award, *The American Heart Association & The American Stroke Association*
- Grade "A" in Leapfrog Hospital Safety Survey
- Five-Star Rated for Joint Replacement 2012, *HealthGrades*
- Five-Star Rated for Total Knee Replacement 2012, *HealthGrades*
- The Rehabilitation Hospital at Palms of Pasadena, *CARF Accredited*
- Chosen out of over 10,000 Home Health Care providers throughout the United States to receive the AdvisorMed Award of Excellence, ranking Palms Home Care within the top tier nationwide
- Palms Home Care, Top 25% of home health care agencies in the U.S. three years in a row, *HomeCare Elite Award of Excellence*
- The only hospital in Pinellas County to be designated a Bariatric Surgery Center of Excellence, *American Society for Metabolic and Bariatric Surgery*
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